



## Did you know?

### Save time and money by using Teladoc instead of scheduling an appointment with your doctor!

Teladoc is a national network of U.S. board-certified doctors, available on-demand 24/7/365 to diagnose, treat and prescribe medication, if necessary, for many of your medical issues. It is quality care when you need it, at a price you can afford.

**\$0**  
per consultation

State-licensed doctors can resolve many of your medical issues including, but not limited to:

- Cold & flu symptoms
- Sinus problems
- Ear infection
- Bronchitis
- Allergies
- Pink eye
- Respiratory infection
- Urinary tract infection

### Register today!

It is quick and easy with a few steps:

1. Go to [www.teladoc.com](http://www.teladoc.com) and click **member login**
2. Next, click on **Get Started**
3. Then, begin with a few basic steps and enter in your first name, last name, email address, date of birth, gender and phone number
4. Enter in **YALE Schools Inc** which is your Teladoc ID, click **continue** to complete your medical history disclosure forms, and follow the prompts to finish the registration process
5. Now you can begin using your Teladoc benefit!

### Questions about any of your benefits? Contact BeneService!

BeneService allows you to speak to a specially trained and licensed Client Service Associate who can assist with benefit claims issues, coverage questions, and enrollment inquiries.

Call the BeneService hotline at **800.563.9929** Monday—Friday, 8:30 am—5:00 pm (Eastern Time) or submit a request online. Go to [www.connerstrong.com/BeneService](http://www.connerstrong.com/BeneService) and complete the fields